# MAYO CLINICBrugada Syndrome Multi-Gene PanelLABORATORIESPrior Authorization Ordering Instructions

Mayo Clinic Laboratories is pleased to offer prior authorization services and third party billing on our Brugada Syndrome Multi-Gene Panel, Blood (BRGGP). To utilize our prior authorization services on this test, you must follow the process as outlined below.

#### **Ordering and Prior Authorization Process**

Mayo Clinic Laboratories utilizes an extract and hold process for prior authorization. To order BRGGP with prior authorization services, complete this document as instructed below by insurance type. You must order test code BRGGP and send the completed paperwork in with the sample. The receipt of the paperwork and sample at Mayo Clinic Laboratories will trigger the extract and hold process and generate a request to the MCL Business Office to verify your patient's insurance coverage for the testing and begin any additional prior authorization services.

If the expected patient out-of-pocket expense is \$200 or less after prior authorization services, Mayo Clinic Laboratories will automatically proceed with BRGGP testing. If the expected patient out-of-pocket expense is greater than \$200, Mayo Clinic Laboratories will seek approval from the client contact listed on the Patient Demographics and Third Party Billing Information form **before proceeding** with BRGGP testing. The MCL Business Office offers interest-free payment plans on balances over \$200.

#### **Commercial Insurance**

For patients with commercial insurance, complete the following, staple them together and send with the specimen:

- Patient Demographics and Third Party Billing Information form (required)
- Letter of Medical Necessity (required)
- · Copy of front and back of insurance card (if available)

Note: The Advanced Beneficiary Notice of Noncoverage (ABN) form is not required for commercial insurance-covered patients.

#### Medicare

For patients with Medicare, complete the following, staple them together and send with the specimen:

- Patient Demographics and Third Party Billing Information form (required)
- Advanced Beneficiary Notice of Noncoverage (ABN) form (required see separate ABN form: MC2934-195)
- · Copy of front and back of secondary insurance card (if applicable)

Attach the ABN form and copy of the secondary insurance card to the Patient Demographics and Third Party Billing Information form and send with the specimen.

Note: The Letter of Medical Necessity and a copy of the Medicare card are not required for Medicare-covered patients.

#### Medicaid

Mayo Clinic Laboratories may be able to file claims for your Medicaid-covered patients. Before ordering, contact the MCL Business Office at 800-447-6424 to discuss. Have the patient's Medicaid information available when calling.

Note: These instructions are subject to change at any time. Call the MCL Business Office at 800-447-6424 with any questions.



Prior Authorization Patient Demographics and Third Party Billing Information

#### **Client Order Number**

#### **Patient Demographics and Insurance Information**

| Patient Name (Last, First, Middle)        |   | Gender             |          | Birth Date (mm-dd-yyyy)       |          |
|---|---|--------------------|----------|-------------------------------|----------|
|   |   | 🗆 Male 🗆 F         | emale    |                               |          |
| Patient Mailing Address                   |   | City               |          | State                         | ZIP Code |
| Primary Insurance Company Name            | Insurance Subscriber ID No. / P   | Policy No. Insurar |          | nce Group No. (if applicable) |          |
| Primary Insurance Company Mailing Address | 1   | City               | <u> </u> | State                         | ZIP Code |
| Primary Insurance Company Phone           | Subscriber Name (if different than patient) and Relationship to Patient |                    |          |                               |          |

#### **Order Information**

| MCL Test ID             | Name of desired MCL test                                  |  |                                |
|-------------------------|---|--|--------------------------------|
| BRGGP                   | Brugada Syndrome Multi-Gene Panel, Blood                  |  |                                |
| ICD-10 Codes (use numbe | r codes to highest specificity)                           |  | Service Date (Collection Date) |
| Referring Provider Name | rovider Name Referring Provider's National Provider ID (N |  | ational Provider ID (NPI)      |

#### **Client Account and Client Contact Information**

| MCL Client Account Number (if known) | Referring Client Facility Name |                         |
|--------------------------------------|--------------------------------|-------------------------|
|                                      |                                |                         |
| Contact Name                         |                                | Contact Phone           |
|                                      |                                |                         |
| Contact Email                        |                                | Date Today (mm-dd-yyyy) |
|                                      |                                |                         |

#### Attach the Following to This Completed Form

- Letter of Medical Necessity (required except for Medicare patients) template provided on page 3
- Advanced Beneficiary Notice of Noncoverage (ABN) form (required for Medicare patients only) see separate form: MC2934-195

   Templates provided on the following pages
- Copy of Front and Back of patient's insurance card (if available)

#### Letter of Medical Necessity for Brugada Syndrome Multi-Gene Panel Genetic Testing

| Patient Name (Last, First, Middle)  |
|---|
| Birth Date (mm-dd-yyyy)   |
| Member Number   |
| Group   |
| ICD-10 Codes  |
| To Whom It May Concern:   |
| We are requesting preauthorization for the Brugada Syndrome Multi-Gene Panel, Blood (BRGGP) performed by Mayo Clinic Laboratories for |

(insert patient name)

Patient's personal medical history is significant for \_\_\_\_\_

#### Patient's family history is significant for

Due to the patient's medical history, a diagnosis of Brugada syndrome is suspected and genetic testing is recommended.

**Rationale: The Heart Rhythm Society (HRS) and European Heart Rhythm Association (EHRA) support genetic testing for individuals with** a strong clinical suspicion for Brugada syndrome and whom have received appropriate genetic counseling and medical guidance.<sup>1-2</sup> Test results may have a direct impact on this patient's medical management and screening for Brugada syndrome, a condition which may be associated with sudden cardiac arrest.

Brugada syndrome is associated with a high risk for ventricular arrhythmias that can result in sudden cardiac death. Management recommendations for Brugada syndrome often involve consideration of implantable cardioverter defibrillator (ICD) placement to prevent sudden cardiac death. However, implantation of an ICD is costly and involves the potential for surgical and/or device complications, and may have important psychological implications for the patient. In cases where the clinical diagnosis of Brugada syndrome is uncertain, confirmation of a disease-causing mutation by molecular testing can be an important factor in the decision whether to proceed with ICD therapy.

Brugada syndrome is inherited in an autosomal dominant fashion; therefore, each child is at a 50% risk to inherit the mutation from an affected parent. Therefore, genetic testing can be a critical step to provide informed risk assessment, and appropriately identify family members who are at increased risk of Brugada syndrome. Mutation-positive individuals require appropriate medical management and counseling, while mutation-negative individuals would not require further screening.

**Test requested:** BRGGP / Brugada Syndrome Multi-Gene Panel, Blood is a cost-effective test that utilizes next-generation sequencing (NGS) to evaluate multiple genes for pathogenic mutations associated with Brugada syndrome, including: CACNA1C, CACNA2D1, CACNB2, GPD1L, KCNE3, KCNJ8, SCN1B, SCN3B, and SCN5A.

Laboratory information: Testing would be performed at Mayo Clinic Laboratories (TIN# 411346366 / NPI# 1093792350), a CAP-accredited and CLIA-certified laboratory, using 2020 CPT codes: 81404, 81406, 81407, 81479.

Thank you for your thoughtful consideration of our preauthorization request. We look forward to hearing back from you.

Sincerely,

Ordering Clinician Name

Contact information

- 1. Ackerman MJ: HRS/EHRA Expert Consensus Statement on the State of Genetic Testing for the Channelopathies and Cardiomyopathies. Heart Rhythm 2011 Aug;8(8):1308-1339
- Al-Khatib: AHA/ACC/HRS Guideline for Management of Patients with Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. Heart Rhythm 2017 Oct;doi: 10.1016/j.hrthm.2017.10.036

### Advance Beneficiary Notice of Noncoverage (ABN)

**Note:** If Medicare doesn't pay for Items and Services below, you may have to pay. Medicare does not pay for everything, even some care that you or your health care provider have good reason to think you need. We expect Medicare may not pay for the Items and Services below.

| Items and Services                               | Reason Medicare May Not Pay  | Estimated Cost |
|--|--|----------------|
| BRGGP / Brugada Syndrome Multi-Gene Panel, Blood | Patient's personal and<br>family history does not meet<br>Medicare's medical necessity<br>coverage criteria for this<br>laboratory test. | \$2,534.40     |

#### WHAT YOU NEED TO DO NOW:

- Read this notice, so you can make an informed decision about your care.
- Ask us any questions that you may have after you finish reading.
- Choose an option below about whether to receive the Items and Services listed above.

**Note:** If you choose Option 1 or 2, we may help you to use any other insurance that you might have, but Medicare cannot require us to do this.

#### Options: Check only one box. We cannot choose a box for you.

**OPTION 1.** I want the Items and Services listed above. You may ask to be paid now, but I also want Medicare billed for an official decision on payment, which is sent to me on a Medicare Summary Notice (MSN). I understand that if Medicare doesn't pay, I am responsible for payment, but I can appeal to Medicare by following the directions on the MSN. If Medicare does pay, you will refund any payments I made to you, less co-pays or deductibles.

**OPTION 2.** I want the Items and Services listed above, but do not bill Medicare. You may ask to be paid now as I am responsible for payment. I cannot appeal if Medicare is not billed.

OPTION 3. I don't want the Items and Services listed above. I understand with this choice I am not responsible for payment, and I cannot appeal to see if Medicare would pay.

#### Additional Information:

This notice gives our opinion, not an official Medicare decision. If you have other questions on this notice or Medicare billing, call **1-800-MEDICARE** (1-800-633-4227/TTY: 1-877-486-2048).

Signing below means that you have received and understand this notice. You also receive a copy.

| Signature | Date (mm-dd-yyyy) |
|-----------|-------------------|
|           |                   |

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According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0566. The time required to complete this information collection is estimated to average 7 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Baltimore, Maryland 21244-1850.

#### Form CMS-R-131 (Exp. 06/30/2023)